



Swim Programme Summer 2009 – 2010

Learn to Swim Saturday Lessons

New! New! New!

For the first time we are offering Saturday Once-a-Week lessons. These *Learn-to-Swim* classes are specifically designed for those who want to develop basic swimming skills and are short of time during the week.

Saturday morning will run in a similar way to Holiday swimming. Lanes will be graded so your children can attend the same session time. We welcome siblings of students (4+ years) and children enrolled in Kindergarten 2010.

Classes will operate from 8am until 10.00am in 25 minute blocks.

Simply nominate a time and your child or children will be placed in the correct lane for their skill level. We endeavour to have maximum of 3 - 4 children per teacher where the focus is on developing good technique across all the competitive strokes.

Lesson Times

8:00am – 8:25am:	Splish Splash, Bubbles & Nemo's
8:30am – 8:55am	Splish Splash, Bubbles & Nemo's
9:00am – 9:25am	Splish Splash, Bubbles & Nemo's
9:30am – 9:55am	Splish Splash, Bubbles & Nemo's

*Due to Health Regulations All children must be toilet trained

For a faster result we highly recommend at least one session of the Learn to Swim Intensive 3 week programme. Once the basics are in place this can be reinforced with a Term of Once-A-Week lessons.

Fees

Term 4, 2009	8 lessons	\$180
Term 1, 2010	8 Lessons	\$180

Fees are the same as the 3 week Intensive, 12+ lessons, due to Coaches weekend rates.

How to Enrol

It's easy just go to...

www.lpspandc.org.au,
and select 'Activities' then
"Swimming Program".

All enrolments must be made
through the on-line service and
we encourage electronic payment.

You will automatically receive a
confirmation and receipt of your
application by email.

Please direct enquiries to
Tracey Browne: email
traceybrowne@adslirect.com.au

If you must pay by cash or cheque
please enclose payment in an
envelope marked Attention/Tracey
Browne and place in the Sports
Committee locked box located in
the Office Building near the
Teachers Staffroom.

**Cheques made payable to: LPS
Sports Committee.**

No Refunds will be given.

Lesson Dates

Term 4 2009

**Begins Saturday 24/10/09 and continues every
Saturday until 12/12/09.**

Term 1 2010

**Begins Saturday 01/02/10 and continues every
Saturday until 27/03/09.**

Classes are subject to change
depending on demand

Conditions of Participation 2009 & 2010

Conditions of Pool Usage

- **Children must swim at their allocated time only.** It is not possible for missed classes / squads to be made up at other times. There will be no refund of fees for non-attendance at classes / squads.
- **Children should arrive at the pool no less than 5 minutes before commencement of their class / squad.**
- **Swimming caps must be worn in the pool at all times.**
- **Classes will be conducted in all weathers (except for thunder and lightning) as the pool is heated.**

Pool Safety

- **Children must not be left unsupervised at the School before or after swimming lessons.**
- **Failure to observe this rule will not be tolerated and parents will be contacted by the School. Please make necessary arrangements for care at Lindfield Activity Centre or with another adult.**
- **Dropping off and picking up children:** To ensure the safety of the children, it is recommended that parents bring their children to the pool area, rather than dropping them off outside the School gates. Similarly, it is recommended that parents pick up their children from the pool area at the end of their lesson/squad. **The coaches and teachers are only responsible for your children during their lesson.**
- Safety in the pool area and in the immediate surrounding areas is of paramount importance. Parents, spectators and young children are requested to **sit outside the pool area** and to refrain from speaking to swimmers whilst the class is in progress.
- **Only swimmers and the swim teachers are permitted in the pool area.**
- **No food or glass bottles are allowed in the pool area.**

Behaviour Policy

- The ***School's Code of Behaviour*** applies during Learn-to-Swim Intensive and Squad classes. A copy of this Code is available from the School Office.
- In enrolling your child, both parents and the child swimming agree to abide by this Code. Parents need to discuss with their children the importance of being co-operative, listening carefully and being well-mannered at all times.
- The swim teachers have been instructed to send disruptive swimmers from the pool.
- Persistent, disruptive behaviour may well result in denial of further lessons. No refunds of fees will be made in this case.